

For more information

To apply for or obtain more information about the Income Support Program contact your regional Human Resources and Employment office:

Avalon

Department of Human Resources and Employment
St. John's Area: 729-7888
Toll-free: 1-877-729-7888
TTY: 1-888-380-2299

Central

Department of Human Resources and Employment
Toll-free: 1-888-632-4555
TTY: 1-877-292-4205

Western

Department of Human Resources and Employment
Toll-free: 1-866-417-4753
TTY: 1-888-445-8585

Labrador

Department of Human Resources and Employment
Toll-free: 1-888-773-9311
TTY: 1-866-443-4046



BUILDING THE FUTURE TOGETHER

Income Support Program



BUILDING THE FUTURE TOGETHER

Income Support Program

 Government of Newfoundland and Labrador
Department of Human Resources and Employment

The Department of Human Resources and Employment (HRE) provides financial benefits and other services to eligible low-income individuals and families to assist in meeting daily living expenses.

What are the income support benefits?

Income Support Benefits include basic and non-basic financial supports such as:

Basic Benefits

Family and individual benefits to assist with expenses of food, clothing, personal care, household maintenance and utilities.

Shelter (including rent, mortgage or board and lodging).

Non-Basic Benefits

Municipal Tax Payments
Housekeeper's Allowance
Civic Benefit
Emergency Services
Private Childcare
Expenses for Burials

Who may qualify for Income Support Benefits?

To qualify for income support a person must:

- ✓ Be 18 years of age
- ✓ Be a resident of Newfoundland and Labrador
- ✓ Submit an application for benefits
- ✓ Be determined eligible according to a financial assessment.

Can I apply for income support if I am currently working?

If your net income is less than your basic living requirement, you may be eligible for benefits while you are working. This will be assessed when you apply.

Most people have expenses associated with working such as transportation and child care. These will be considered in assessing your eligibility for benefits.

How do I apply for Income Support Benefits?

You must fill out an applications so we can assess your eligibility. You may do this independently or with staff assistance. Applications are available at your HRE District Office (listed on the back of this brochure). You can also request to have an application mailed to you or access the application on the department's web site at www.gov.nl.ca/hre.

To complete your application you will need to provide personal information and copies of required documentation including:

- ✓ The names, MCP numbers and birth information for you, your spouse and children living with you
- ✓ Social Insurance numbers for you and your spouse
- ✓ Financial information such as your bank savings and RRSPs
- ✓ All sources of income for you and your family for the past 60 days

