




# Investing in People, Building the Future Together

 Government of Newfoundland and Labrador  
Department of Human Resources and Employment

## Income Support Program

We all sometimes face financial challenges when caring for our families.

From time to time assistance is necessary to ensure your family's healthy well-being.

The Department of Human Resources and Employment offers a number of income supports to Newfoundlanders and Labradorians when they need it.

These supports include financial assistance for such basic living expenses as food, shelter clothing, heat and light

To find out more about the province's  
Income Support Program contact:

Human Resources and Employment

Toll-free: 1-877-729-7888

[www.gov.nl.ca/hre](http://www.gov.nl.ca/hre)